The South 40

Forsythia means it's time for herbicides

By JAMES A. SMITH
Extension Agent

When Forsythia blooms, it is a signal that a herbicide needs to be applied to lawns. Lawn herbicide comes as granules, wettable powders or mixed with turfgrass fertilizers. Herbicides used at this season should point towards crabgrass control.

Crabgrass will crowd out bluegrass and cause ugly scars in a lawn area.

* * *

Beef and dairy producers have had two estrous synchronization products available for several years - - Estramate and Lutalyse. Both of these products are prostoglandins.

There is a new material being introduced this year called Synchro-Mate-B. This new product is not a prostoglandin and is used differently than the other products. The manufacturer recommends that cattle to be synchronized be brought together and injected with 2 cc's of a combination of Norgestromet and Estradial. This, in effect, brings the animals out of heat into the program. At the time of injection, each female is given an ear implant consisting of 6 milligrams Norgestromet. The purpose of the implant is to create an artificial corpus luteum. After nine days, the implanted animals are brought together and the implant is removed. 48 to 54 hours after removal of the implant, the cows are bred on appointment or on observed standing heat. On lactating cows, it is suggested that 12 hours after the implant is removed, that calves be separated from the cows for 48 hours.

These materials will not solve all the problems; for example, noncycling females will not respond to any of the estrous synchronization products.

If you elect to use any of these products, be sure you understand how to use them, read the label and be sure that the females are open and are cycling.

* * *

One of the major problems with seeding alfalfa in the land is the land is open to serious erosion. No-til establishment is a means of significantly reducing soil loss.

The technology for establishing no-til alfalfa has been pretty well developed. We are urging you to strongly consider this establishment method whenever you seed alfalfa.

A publicaton that describes this method is available for your use.

* * *

Smoke detectors need to be cleaned annually using a vacuum or soft brush, and batteries should be replaced.

* * *

Watch any grain that is stored in metal bins. Air temperatures are rising while the grain is cold. You'll need to move air into the grain mass without increasing moisture content. During April, you may need to run the aeration fan 150 to 200 hours or crop drying fan 11 to 15 hours.

* * *

Caution - - we are approaching a time to mow lawns and work gardens. Never allow children to ride with you on the mower. A good practice is to always disengage the blades before getting off.

When refueling, turn the engine off and allow it to cool for 3-5 minutes. Always refuel out of doors.

* * *

The response to market cattle at the two sales in Lynchburg is overwhelming. More than 1900 head are scheduled for today (Thursday).

A third sale will be added for this year on April 20. We will take in cattle 7 a.m. to 2 p.m. and sell at 7 p.m.

Please get your nominations in right away if you have cattle (Steers or heifers) to sell.

Good News for Homemakers

Ways to conserve water in the kitchen

By SHIRLEY WA. WALTON
Extension Agent

Although it's more difficult to conserve water in the kitchen than in the bathroom, savings are still possible. It takes wise use and conservation.

Dishwashers use from 14 to 16 gallons of water for each 60-minute cycle. Reduce the number of washings by filling the dishwasher to capacity before running it. With some careful planning, you can get extra mileage out of the dishwasher.

Also, scrape rather than pre-rinse dishes before loading the dishwasher. Many people waste as much water rinsing dishes before putting them in the dishwasher as it would take to wash an entire load. If there is a need to pre-rinse, soak the dish rather than rinsing under running water. Anyone in the market for a new dishwasher should look for one of the new water saving models. These models use only 7½ gallons of water for each load, which is about a 50% savings.

It takes 25 to 30 gallons of water to wash or rinse dishes by hand with the water running. Cut this amount to 5 gallons or less by washing and rinsing in a double sink or in a dishpan.

Garbage disposals use about 1½ gallons of water per day for each person in the family. Save this water. Use the disposal only after a quantity of scraps has accumulated. An even better idea to handle the scraps is to put them in a compost pile. The compost pile can be utilized for the garden.

One easy way to save water is to put a bottle of water in the refrigerator for drinking. It's cooler than tap water and people don't stand in front of the sink drinking while the faucet is running or allowing the water to run until it is cold. It is possible to save 2 to 3 gallons of water a day this way.

The dripping faucet is the worst enemy waster in the kitchen, because it not only wastes water, but it also wastes energy to heat it. A couple of drops of hot water per minute can add dollars to the monthly cost of heating water. Most cases of dripping faucets can be stopped by installing new faucet washers. It is necessary to shut the water to the house off before starting this kind of repair unless there is a cut-off installed under the sink. Also make sure a special hot water gasket is used if the leak is on the hot water faucet.

The valve seat should be inspected before installing the new gasket. If it is rough or pitted, it can be smoothed with a simple faucet tool available at most hrdware and variety stores.

You can save yourself a lot of dollars and help conserve water in the kitchen by using some common sense and good conservation attitudes.

If you have a homemaking question or problem, you may call 352-8244 or write us at P.O. Box 488, Appomattox, VA 24522. It is always a pleasure to hear from you and to help you.

Have a good week!

RECIPE OF THE WEEK

Texas Pie

1 stick margarine (soft)
1 cup flour
1 package Little Brownie Trefoils (mashed well)
1 cup nuts finely chopped

Cream all above ingredients together. Press into pan and bake at 350° for 20 minutes. (Pan should be no larger than 9 x 13) Cool completely.

1-8 oz. package cream cheese
1 cup powdered sugar
1 cup whipped topping
1 tsp. vanilla

Mix thoroughly and pour over crust.
2 pkgs. small instant chocolate pudding
3 cups cold milk

Mix until thick, pour over cream cheese mixture. Spread whipped topping over pudding mix and top with chopped nuts.

Note: In recognition of the Girl Scouts of Appomattox County, we are running another recipe featuring Girl Scout Cookies.

Soils team places first

The soils judging team of the Appomattox County Youth Farmers Association placed first in the 32nd Annual Southside Area Contest at Rustburg, March 24.

Members of the winning Appomattox team are Richard Conner, Glen McClenny, and Dale Glover. Bobby Waddell, instructor of agricultural education in the Appomattox County High School, is team coach.

Dani Bailey, Soil Conservationist, Rustburg; and Bob McClenny, District Conservationist, SCS, Appomatox, selected the test plots and made official placings. Keith Carroll, instructor of agricultural education in the host Rustburg High School, was in charge of local arrangements.

APPROXIMATELY 85 MEMBERS, wives and guests attended the 64th annual birthday dinner of the founding of the American Legion at American Legion Post 104, in Appomattox, Monday, March 28, 1983. All enjoyed a bountiful meal prepared by O.B. Garris, Garland Gaines, Bill Neathawk, and others, and were treated to an outstanding outline of the history of the founding of the American Legion, presented by the guest of honor for the evening, State Department Commander, Edin J. Dentz, Springfield, Va. He is shown above with Dennis Gragg, Commander of American Legion Post 104. (Photo by Frances H. Paulette).

Con$umer ene Note$

By OCIE M. MACK
Extension Agent

The following is a list of fashion trends of women's apparel and girls' clothing for Spring, 1983. Next week's article will feature fashion trends for men's apparel and young men's market.

Women's Apparel

People are going back to dressing for the event.

Narrow is making news, but so is fluidity and softness.

Slim is nice but tight is not.

The influence of men's wear continues.

Vests are wardrobe "extendibles" in every length and fabrication, updating wardrobes and worn with pants, skirts, even swimsuits.

The Dandy look - - Spencer jackets, Gibson Girl blouses, cummerbunds and ties, tucked front blouses - - in one look.

A suit is a mainstay of most wardrobes.

Nothing really new in dresses.

In ladies' wear, it's fit. In late teenage and college-age wear, it's the fifties.

Marilyn Monroe-esque look is a fad.

Jackets are short, often with one button, with and without pockets. Shoulders are moderately squared, with sleeves raised at the shoulder. Lapels range from No-lapel V-neck to laid back leisure suit lapel collar to regular mens-suit lapels and collar.

Furnishings range from sternly masculine to elegantly-effeminate.

Pastels are delicate, lustrous and whitened.

Silver haze is teamed with white or porcelain pink.

Bright tones are used for color blocking and mixed with white and/or black.

Yellow as accent is used frequently.

Spontaneous mixtures include denim with eyelet, linen with lace, prints and patterns mixed.

Shoes

Shoe manufacturers' team with apparel designers, fitting feet into shoes that have a 1920's menswear influence, spectators, oxfords. Architecturally influenced shoes are uncluttered with a minimum of detail, save for perforations, texture mixes, or feminine pearl-button closings.

Heels range from stiletto heels (3½") to wedges and flats with rounded toes, ankle straps.

Pastels come on strong, with yellow emerging as a hot warm-weather shade.

Girls' Clothing

Shirtworks have turned out oxford cloth shirts and blouses with button-down collar.

Dresses are fussy with tucks, eyelet trims, smocking and ruffles.

Pinafore looks of the fifties.

Knits are nice.

Easy care-- easy wear fabrics.

Concord grape is the "in" color.

Jewel tone colors--rose, turquoise and lavender.

Playwear has an adult-like athletic look.

Pants, skirts and shorts are held up with suspenders.

Sailor looks are a carry-over from last season.

Waistlines are dropped.

Boat necks abound.

ASCS Today

FCIC sales closing date set at April 15

By TOM CONRAD

FCIC Sales Closing Date is April 15 - Producers of tobacco, corn and grain sorghum will want to check into Federal Crop Insurance before April 15.

Federal Crop Insurance covers unavoidable loss of production from damage caused by adverse weather conditions, insects, plant disease, wildlife, earthquake or fire. The insurance coverage begins when the crop is planted.

Producers may choose from three coverage levels: 50-, 65-, or 75-percent of the established farm yield for insurance protection. Additionally, FCIC offers three optional price elections for valuing production lost or damaged.

In 1983, FCIC has initiated a new Individual Yield Coverage (IYC) plan, which allows producers of corn and grain sorghum to establish a production guarantee based on individual farm yield data.

For more information about the IYC plan, or to sign up, producers should contact the Appomattox County ASCS Office. Call the ASCS office at 352-5283.

Flue-Cured Tobacco Discount Varieties - Much concern has been expressed recently about the increased production of tobacco of discount type varieties.

Many tobacco companies try to avoid buying discount varieties because of their low quality. It is low in nicotine and aroma. These varieties hurt the U.S. leaf on both domestic and world markets. Growers are encouraged to use only acceptable seed varieties.

Tobaccos designated as "discount varieties" are Coker 139, 140, 187, Golden Wilt 316, Reams 64, and Dixie Bright 244. Other varieties - - Barn Buster, for example - - are discount type tobaccos used in some local areas. The percentage of growers producing such varieties is small but has increased now to the point where growers, warehousemen and buying interests are becoming concerned.

Buying companies can limit purchase in marketing areas where the discount variety problem is most severe. This inferior leaf continues to be a factor in the decline in America's share of the world market.

Additional quantities of discount-type tobacco could threaten the solvency of the price support program and force growers and allotment holders to pay large assessments to Stabilization's No Net Cost Fund. In 1955 and 1956, Stabilization received more than 600 million pounds of Coker 139, 140, and Dixie Bright 244 under loan because these low quality tobaccos were sold at a loss of $35 million in principal plus interest.

Every grower now has a direct financial stake in the success of the price support program, because growers themselves must make up any losses. (Source: Stabilization's Newsletter)

Flue-Cured Tobacco Leasing - Flue producers have until April 15 to file temporary leases for 1983. After the April 15 deadline there will be no other temporary leasing for 1983.

Flue producers can sell their allotments throughout the year, however to be effective for the 1983 crop year, it must be sold by June 15.

Any questions concerning leasing should be directed to the ASCS office.

HASACC to open early

This year the Historic Appomattox Station Arts and Crafts Center shop will be open special hours during April before commensing regular shop hours in May. Beginning on Friday and Saturday, April 8 and 9, the shop (located in the old N & W Depot on Main Street) will be open for business both days between 10 a.m. and 5 p.m. These Friday and Saturday hours will be in effect only throughout the remainder of April, expanding to regular weekly hours in May.

Consignments of arts and crafts by members will be accepted from 1-4 P.M. on Thursday, April 7. Membership is open to anyone residing in the County of Appomattox. If you are interested in membership, speak to one of the shopkeepers during the hours that the shop is open.

There will be a variety of locally produced arts and crafts at the Depot again this year. The early opening will afford everyone an opportunity to preview the fine talents of our community and purchase while the selection is good.

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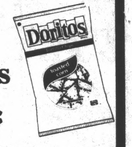
First Year Anniversary

The folks at T & N Market would like to thank their many fine friends and customers for making their first year in business a success. We pledge to continue giving you the best service possible and all at money-saving prices. To celebrate we're listing a few specials!

Fertilizer
10-10-10
50 Lb.
$4.49
5-10-10
50 Lb.
$3.95

Frito Lay's 8 oz.
Doritos & Crispy Lights
89¢



Ruffles Potato Chips
8 Oz
89¢

Fito Lay's Chips and Cookies
1 1/8 oz. luncheon size
3 for 89¢

Bag Ice
8 Lb. Bag
85¢

Beech-Nut
6 Pks.
Chewing Tobacco
$2.99 box

Easter Candies & Jelly Beans

Garden Seed
Seed potatoes
Onion Sets
Grass Seed 3 Lbs. $3.89

T & N MARKET
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3. DALLAS/FT.WORTH	$504	$361	$143
4. HOUSTON	$504	$375	$129
5. JACKSONVILLE, FL	$302	$178	$124
6. LOUISVILLE	$276	$174	$102
7. MEMPHIS	$366	$226	$140
8. NASHVILLE	$334	$177	$157
9. NEW YORK	$272	$208	$ 64
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